IPMA 2023 ROADSHOW

Location: Messiah Press 133 West Lisburn Road Mechanicsburg PA 17055 Date: November 7th, 2023

Election Day

Time: 8:30 am to 4:00 pm

Agenda Breakfast - coffee, water, danishes 8:30 am - 8:45 am Welcome and Introduction 8:45 am - 9:00 am Update on state of the paper industry Track 1: In-Plants Diversify to Drive Business Growth, Canon 9:00 am - 10:00 am Break 10:00 am - 10:30 am Time with Vendors/Explore the shop/Networking Track 1 (In-plants) - 90 minutes: Tools for Traction session 10:30 am - 12:00 pm with Steve King: How teams can focus on priorities, stay positive, get clear on issues, and gain traction in day-to-day work and as they work towards goals. Track 2: Are you a speaker whose voice fatigues or gets 10:30 am - 11:15 am hoarse easily? Jenice Riebe, provides tips to help improve and maintain the health of your speaking voice. Track 2: The Critical Role Digital Transformation Plays in Print 11:15 am - 12:00 pm Marketing Initiatives Courtney Vitez, SVP Xerox Production Courtney will discuss the value of leveraging digital transformation in an in-plant operation.

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12:00 pm – 1:00 pm	Lunch Time with Vendors/Explore the shop/Networking
1:00 pm – 2:00 pm	Professional Burnout session with Dr. Kim Deutsch
	In today's demanding professional landscape, employees juggle numerous roles and responsibilities, often contending with immense pressure that can lead to stress and potential burnout. Literature suggests that to reduce the risk of professional burnout and promote increased satisfaction with work-life balance, we must first increase awareness on what burnout is and reflect on proactive methods to manage job- related stressors. This session focuses on increasing awareness of burnout, its signs and symptoms, and proactive stress management at both individual and organizational levels. Participants will explore relevant literature, engage in practical activities, and formulate concrete goals and action plans, empowering them to reflect on strategies to build a sustainable career.
2:00 pm – 3:00 pm	The Power of Partnerships
	Dr. Rob Pepper, Executive Director & Assistant to the President for Innovation, Messiah University
	Participants will be introduced to the "4C's of Partnerships": coordination, communication, cooperation, and collaboration. Attention will be paid, and time given to developing an action plan that can be implemented in your specific context.
3:00 pm - 3:30 pm	Turn Your In-Plant Into a Swag Selling Powerhouse, with Swagforce representative
3:30 pm - 4:00 pm	The Critical Role of Print in Marketing Initiatives
4:00 pm - 4:15 pm	Wrap up, Time with Vendors/Explore the shop/Networking